

# BLS

# Basic Life Support

Basic Life Support, or BLS, generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway. It requires knowledge and skills in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AED) and relieving airway obstructions in patients of every age.



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## Intended Audience

Hospital and pre-hospital health care workers, Medical and Paramedical professionals.

## Participants will learn through

- Instructor-participant interaction
- Audio-visual training aids
- Live demonstrations of various skills
- Hands on practice on manikins
- Practice in groups through scenarios

## Highlights

- Duration : 16 Hours
- Fees : ₹5,999.00

## Course Description

- Critical concepts of high-quality CPR
- Adult & Pediatric Chain of Survival
- 1-Rescuer CPR and AED for adult, child and infant
- 2-Rescuer CPR and AED for adult, child and infant
- Differences between adult, child and infant rescue techniques
- Bag-mask techniques for adult, child and infant
- Rescue breathing for adult, child and infant
- Relieving choking (Foreign Body Airway Obstruction)



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