

Cardiopulmonary Resuscitation

CPR is a lifesaving action used in emergencies when someone isn't breathing or their heart is not beating.

CPR (or cardiopulmonary resuscitation) combines chest compressions (pressing on the chest over the heart) and rescue breathing (mouth-to-mouth resuscitation). If someone isn't circulating (moving) blood or breathing well, CPR can help get oxygen-rich blood to the brain and restart breathing.



When Is CPR Helpful?

People need CPR for many different emergencies, including:

- Accidents
- Near-drowning
- Suffocation
- Poisoning
- Heart attacks
- Drug overdoses
- Smoke inhalation
- Electrocutation injuries
- Suspected sudden infant death syndrome (SIDS)

Highlights

Duration :16 Hours

Course Fee :₹5999.00



Co-operative
St John Ambulance IA